

Cultivating self-awareness in children using creative expression

Deze workshop is bedoeld voor mensen die met kinderen en expressie werken, en het aspect zelfbewustwording in hun werk willen integreren.



Er wordt in deze cursus gewerkt aan het zelfbewustwordingsproces van kinderen met behulp van theateroefeningen, beweging, dans en muziek. Dit draagt bij aan onderwijsvernieuwende concepten zoals transmedia, ontdekkend en ontwerpend leren en samenwerken.

Woensdag 2 november 2016 van 09.00 – 17.00uur (incl. lunch)

Locatie: Lotus trainingsruimte

Waalstraat 52, 's-Hertogenbosch

Tel.: 073-6125282

Aanmelding via: www.lotus-training.nl of info@lotus-training.nl

Trainingnaam: 'Drama en Expressie'

Kosten: €75,00 (lunch inbegrepen)

An important part of any teacher training is self development. At the beginning of building this self awareness are exercises in movement. Awareness Through Movement is a well known system and will be the base for our exploration of awareness.

Teaching is a creative endeavour and this workshop will begin with the preconditions of creativity, relaxation, imagination, and concentration.

The joy of fantasy exercises will open up the mind to another subtle and creative level.

Although we will be using exercises from theatre training, this is not an acting workshop. But we will be moving, so wear clothing you can move in freely.

Ole Brekke, director of The Commedia School, Copenhagen

Ole Brekke is director of The Commedia School in Copenhagen. The Commedia School is a 2 year actor training program founded by Ole Brekke and Carlo Mazzone in Copenhagen, Denmark. Since 1978, each September, a new group of students from around the world have been attracted to Northern Europe's oldest physical theater to develop themselves as performers. The school has started students on successful careers in many areas of performing including stage, street theater, circus, puppet theater, magic, children's theater, performance, cabaret, and film. Performers who have been educated at The Commedia School are today found at the top of their performing professions globally. The Commedia School is a physical theater school. The basis of the training is movement, the physical aspect of acting, which is often left out of traditional acting programs.

